

## **SELF-DETERMINATION INFORMATIONAL MEETINGS**

You may have heard about a new program for Regional Center services called **SELF DETERMINATION**. But what exactly is this?

Traditionally, Regional Center services are determined through decisions reached by the IPP Team, including the parents, the Service Coordinator, and the consumer whenever possible. Recommended services must be approved by the Regional Center Clinical Team and only certain programs which have “vendored” by the Regional Center are eligible to be funded.

Under the new method, known as “Self Determination,” consumers and families who choose to take a more pro-active role in determining their own needs and priorities will receive an annual budget, which they can then use to purchase necessary services based on a person-centered planning process led by an Independent Facilitator (who is not a Regional Center employee, though a Service Coordinator may help), and with the finances overseen by a Fiscal Management Service (also not part of the Regional Center).

These “Self-Determination” services may include a broader and more flexible range of options, as the providers are not required to be “vendored” or approved by Regional Center. Services such as Floortime, Music Therapy, Art Therapy, or Drama Workshops that have been challenging to fund in the traditional model could be included in a consumer’s budget.

**HOW DO WE SIGN UP?** If you are interested, you need to know about the program’s legal status. Self-Determination was signed into law by Governor Brown in 2013; however, it will not go into effect until the Federal Government has signed off on a waiver. The revised waiver application was re-submitted in March 2018, and a response from the Center for Medicaid Services is required within 90 days. Once it is approved, there will be a limited roll-out over the first two years of the program using a lottery system, after which it will be available to most home- and community-based consumers.

**ATTENDANCE IS REQUIRED AT AN OFFICIAL PRE-ENROLLMENT INFORMATIONAL SESSION** in order to be included in the initial Lottery. These Sessions are being held at the Regional Centers as well as by certain providers and community organizations. Upcoming meetings include the following:

**ELARC:** Upcoming meetings: <http://www.elarc.org/home/showdocument?id=10781>

**Contact:** <http://www.elarc.org/consumers-families/self-determination>.

**Location:** ELARC Central Office

1000 South Fremont

Alhambra, California 91802

**SGPRC:** Meetings are held every 2<sup>nd</sup> Tuesday of each month at 6:00 p.m.

**Location:** San Gabriel/Pomona Regional Center

Conference Center

75 Rancho Camino Drive, Pomona, CA 91766

**Contact:** <http://www.sgprc.org/clients-families/self-determination-program>

**Email:** [selfdetermination@sgprc.org](mailto:selfdetermination@sgprc.org)

**Lanterman Regional Center:** 2<sup>nd</sup> Tuesday of every month, 5:30PM, at Lanterman;

**Contact:** [kyrc@lanterman.org](mailto:kyrc@lanterman.org) or 213.252.5600.

<https://lanterman.org/calendar/events/event-self-determination-program-information-sessions-english4#.Wtpg9ojwaUm>

Be sure and go to an informational session if you might be interested in being part of this program.